

National Blue Beret Packing List- Cadets

QUANTITY	DESCRIPTION
2-3	BDU shirts
2-3	BDU pants
1-2	Cargo shorts, navy blue
1	Field Jacket
1	BDU Cover
1	Web belt, dk blue, black buckle
4 pairs	Black boot socks
1 pair	Boots, black military (Make sure boots are broken in)
2 sets	Blousing bands for BDUs
Extra	Uniform insignia
2	1 qt Canteens w/ belt carrier
1	Pistol belt w/ suspenders
1	Poncho
1	Notebook, pocket-sized w/ pens
1	Watch, conservative
1	Whistle w/ lanyard
1	Compass (for locating ELTs)
1	Rope, yellow 3/8"
1 pair	Sunglasses, conservative
	Chapstick w/ sunscreen
	Sunscreen, SPF 20 or more
	Bug repellent, strong (DEET)
	First Aid Kit (to treat yourself)
	Foot powder
	Deodorant (not anti-perspirant)
	Toothbrush
	Toothpaste
	Brush/comb

QUANTITY	DESCRIPTION
	Shampoo/Conditioner
	Hairpins/bands/hairspray
	Razor
	Hygiene items as needed
	Soap w/ soap dish
1	Wash cloth, white
2	Bath towels, white
1	Laundry bag, mesh, labeled
1 pair	Sandals (for shower)
1	Flashlight w/extra batteries
	Sewing kit w/extra BDU buttons
	Shoeshine kit (polish, rag, etc)
4-5	Hangers (for uniforms)
	Camera (disposable recommended)
3 sets	Civilian clothes- conservative jeans, t-shirts, etc (for night out and free time)
1 pair	Tennis shoes
1	T-shirt, PT, no logo
1 pair	Shorts, gym (for PT)
4 pairs	Socks, gym, white, PT
6-10	Underwear- briefs, boxers, panties
3	Bras (F)
1	Athletic supporter (M)
2	Sheets, white (for twin mattress)
1	Pillow case, white
	Medicine, prescription (must be in original container)
	Spending money, \$150-200 cash only

PLEASE BRING THE FOLLOWING PAPERWORK:

CAP Membership card (should be current and not expire during the activity)

Insurance card (if you carry it)

Photo ID (ie, driver's license)

CAPF 101: GES minimum, current to end of activity

CAPF 76: Radio Operator's Permit (if you have it)

DO NOT BRING THE FOLLOWING ITEMS:

Air Force Blue Uniform

Laundry soap

Iron

Spray starch

Computers

Pagers

Food

CD PLAYERS MAY BE USED WITH HEADPHONES,
BUT NO SPEAKERS